

**USD 203 Piper Curriculum
Family and Consumer Sciences (FACS)**

Introduction to FACS
Grade(s): 9
Credits: .5
Prerequisite(s): None
Level: Exploratory

Program Standard	Course Content/Competencies
1--Career, Community, and Family Connections	Integrate multiple life roles and responsibilities in family, work, and community settings.
1.1	Analyze strategies to manage multiple individual, family, career, and community roles and responsibilities.
1.2	Demonstrate transferable and employability skills in community and workplace settings.
	1.2.1. Examine potential career choices to determine the knowledge, skills, and attitudes with each.
	1.2.2. Demonstrate job seeking and job keeping skills.
	1.2.3. Apply communication skills in community and workplace settings.
	1.2.4. Demonstrate teamwork skills in community and workplace settings.
	1.2.6. Demonstrate leadership skills and abilities in the community and workplace.
1.3	Analyze the reciprocal impact of individual and family participation in community activities.
2--Consumer and Family Resources	Evaluate management practices related to the human, economic and environmental resources.
2.1	Demonstrate management of individual and family resources, including food, clothing, shelter, health care, recreation/leisure, and transportation.
	2.1.1. Apply management and planning skills and processes to organize tasks and responsibilities.
	2.1.2. Examine how individuals and families make choices to satisfy needs and wants.
	2.1.3. Implement decisions about providing safe and nutritious food for individuals and families.
	2.1.4. Implement decisions about clothing.
	2.1.5. Implement decisions about housing and furnishings.
	2.1.9. Examine the costs of parenting.
2.2	Analyze the relationship of the environment to family and consumer resources.
2.3	Evaluate consumer rights and responsibilities.
2.4	Evaluate the impact of technology on individual and family resources
2.5	Analyze interrelationships between the economic system and consumer actions.
2.6	Demonstrate management of financial resources to meet the goals of individuals and families across the lifespan.
	2.6.1. Examine the need for personal and family financial planning.
6--Family	Evaluate the significance of family and its impact on the well being of individuals and society.
6.1	Analyze the impact of family as a system on individuals and society.

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	6.1.1. Examine family as a basic unit of society.
	6.1.7. Explore the ways family and consumer sciences careers impact the family.
	6.2 Demonstrate appreciation for diverse perspectives, needs, and characteristics of individuals and families.
12--Human Development	Analyze factors that impact human growth and development.
	12.1 Analyze principles of human growth and development across the life span.
	12.2 Analyze conditions that influence human growth and development.
	12.3 Analyze strategies that promote growth and development across the life span.
13--Interpersonal Relationships	Demonstrate respectful and caring relationships in the family, workplace, and community.
	13.1 Analyze functions and expectations of various types of relationships.
	13.1.2. Examine the impact of various stages of the family life cycle on interpersonal relationships.
	13.1.5. Explore processes for handling unhealthy relationships.
	13.1.6. Determine stress management strategies for family, work, and community settings.
	13.2 Analyze personal needs and characteristics and their impact on interpersonal relationships.
	13.2.1. Examine the impact of personal characteristics on relationships.
	13.2.2. Consider the effect of personal needs on relationships.
	13.2.3. Examine the effect of self-esteem and self-image on relationships.
	13.3 Demonstrate communication skills that contribute to positive relationships.
	13.3.1. Examine communication styles and their effect on relationships.
	13.3.3. Demonstrate effective listening and feedback techniques.
	13.4 Evaluate effective conflict prevention and management techniques.
	13.4.3. Determine the roles of decision making and problem solving in reducing and managing conflict.
	13.5 Demonstrate teamwork and leadership skills in the family, workplace, and community.
14--Nutrition and Wellness	Demonstrate nutrition and wellness practices that enhance individual and family well-being.
	14.1 Analyze factors that influence nutrition and wellness practices across the life span.
	14.1.1. Examine physical, emotional, social, psychological, and spiritual components of individual and family wellness.
	14.1.2. Compare the impact of psychological, cultural, and social influences on food choices and other nutrition practices.

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	14.2 Examine the nutritional needs of individuals and families in relation to health and wellness across the life span.
	14.2.1. Assess the effect of nutrients on health, appearance, and peak performance.
	14.2.4. Appraise sources of food and nutrition information, including food labels, related to health and wellness.
	14.3 Demonstrate ability to acquire, handle and use foods to meet nutrition and wellness needs of individuals and families across the lifespan.
	14.4 Evaluate factors that affect food safety, from production through consumption.
	14.4.1. Determine conditions and practices that promote safe food handling.
	14.5 Evaluate the impact of science and technology on food composition, safety, and other issues.
14.6 Analyze the factors which influence personal and family wellness.	
15--Parenting	Evaluate the impact of parenting roles and responsibilities on strengthening the well-being of individuals and families.
	15.1 Analyze roles and responsibilities of parenting.
	15.1.1. Examine parenting roles across the life span.
	15.1.2. Examine expectations and responsibilities of parenting.
	15.1.3. Determine consequences of parenting practices to the individual, family, and society.
	15.1.6. Examine the financial responsibilities of parenting.
	15.2 Evaluate parenting practices that maximize human growth and development.
	15.2.1
	15.3 Evaluate external support systems that provide service for parents.
	15.4 Analyze physical and emotional factors related to beginning the parenting process.
	15.4.1. Examine biological processes related to prenatal development, birth, and health of child and mother.
	15.4.2. Consider the emotional factors of prenatal development and birth in relation to the health of the parents and child.

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